

# Kona Kai



Health Club & Spa  
at the Kona Kai Resort

## About Our Services

Come treat yourself to a relaxing and revitalizing massage.

You are welcome to use the locker room facilities and the steam room, conveniently located next to the massage rooms.

## About Our Therapists

Our massage professionals are fully certified and licensed. Our techniques include Swedish, Circulatory, Deep Tissue, Oriental, Sports and Passive Joint Movement Massages. We use a blend of these techniques to design a massage that meets your individual needs.

## Full Body Massage

1 Hour \$80  
1-1/2 Hours \$125

## Neck, Back, Shoulder & Foot Massage

1/2 Hour Neck, Back & Shoulder and  
1/2 Hour Foot Massage \$90

## Massage & Mini Facial

Full Body and Mini Facial Massage  
1 Hour \$90

## Head to Toe

Full Body and Facial Massage includes  
Natural Cleansers, Herbal Toners,  
Hydrating Mask and Hot Compresses  
1-1/2 Hours \$130

## Mini Companion Special

Consecutive 1/2 Hour Massages for you  
and a friend with the same therapist  
\$90

# Massage and Spa Menu

## Companion Special

Consecutive 1 Hour Massages for you  
and a friend with the same therapist  
\$150

## Salt Glow & Massage

Combination of Stimulating, Exfoliating Sea Salt  
Scrub followed by a Relaxing  
Full Body Massage  
1 Hour \$95  
1-1/2 Hours \$135

## Body Wrap & Massage

Aromatherapy Wrap followed by  
Full Body Massage  
1 Hour \$90  
1-1/2 Hours \$135

## Hours

Mon.-Fri. - 8:00 am - 8:45 pm  
Sat. & Sun. - 8:00 am - 5:45 pm

Appointments required.

Reservations & Information:  
(619) 295-9690 or ext. 8166

No-shows or cancellations without a  
6 hour advance notice  
are subject to a \$50.00 charge.  
Prices are subject to change without notice.

## Couples Massage\*

You and your partner unwind and relax  
side by side in our massage room.  
This soothing experience includes  
aromatherapy, essential oils and wonderful  
relaxing hot compresses  
1 Hour \$180  
1-1/2 Hours \$260

## Ultimate Relaxation

Aromatherapy Body Wrap followed by  
Full Body Massage and Facial Massage  
2 Hours \$170

## Deluxe Body Treatment

Salt Glow, Aromatherapy Body Wrap  
and Full Body Massage  
2 Hours \$170

## In Room Massage\*

1 Hour \$105 • 1-1/2 Hours \$145

\*Upon availability

## Add-Ons

Aromatherapy - Your choice of essential oil  
used in any massage treatment -  
Additional \$5.00

Foot Massage - Using reflexology and relaxing  
techniques complemented by  
refreshing peppermint cream  
1/2 Hour - Additional \$45

## Additional Services

- Gift Certificates
- Chair Massage for Meeting Breaks, Parties
- Convention and Group Specials

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